

# การยศาสตร์<sup>๔</sup>

# การยศาสตร์

ความรู้ที่เกี่ยวกับ

การทำงานของมนุษย์

# ERGONOMICS DESIGN

## Furniture in the Classroom and Library

# ERGONOMICS DESIGN

- Medical Doctor
- Engineer
- Educator
- Designer

# ERGONOMICS DESIGN

- Physical
- Cognitive
- Organization



Incorrect



Correct



Correct



Incorrect



Incorrect



Correct



# Tips for Safe Shelving

- ❌ Carrying too many books while shelving can put stress on your arms and shoulders
- ✅ Carry only the book being shelved



INCORRECT



CORRECT











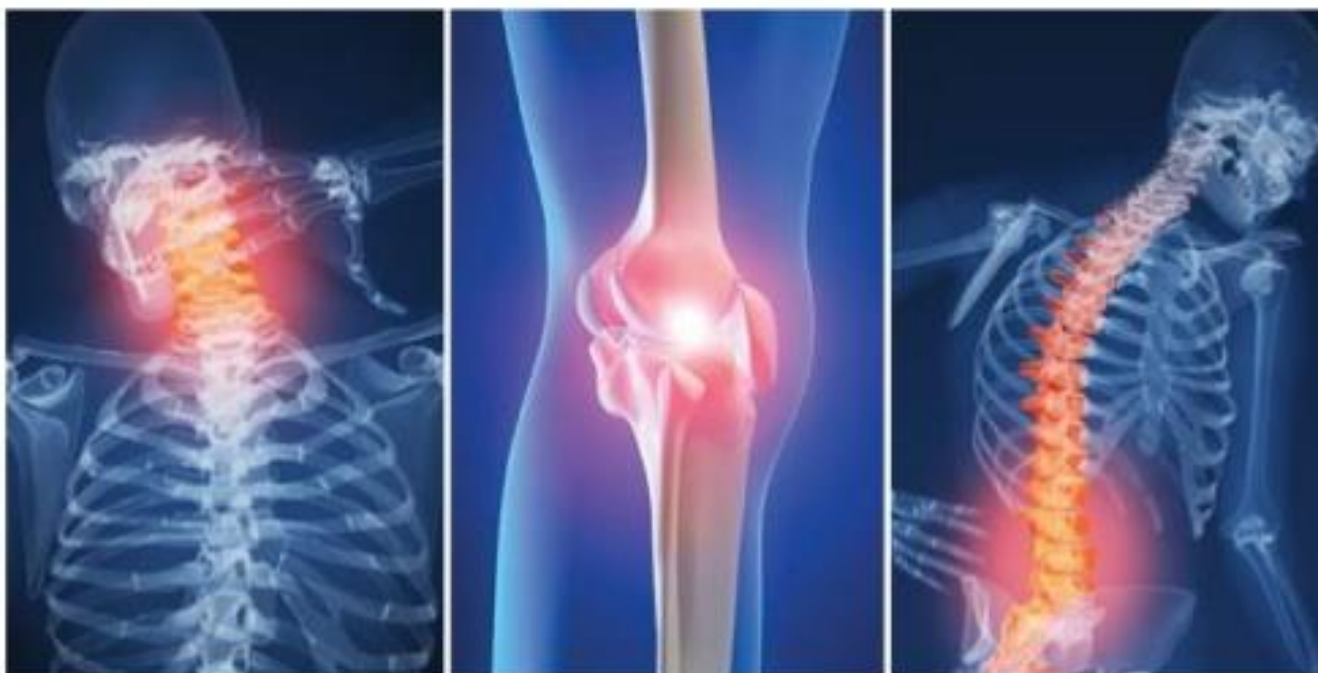




# ERGONOMICS SYNDROME



# MUSCULO SKELETAL DISEASES







# ERGONOMICS DESIGN

**Work**  
**shouldn't**  
**hurt**